Recreation and Wellness Advisory Board Meeting Minutes

Friday, November 18, 2022: 12:00 pm – 1:00 pm

Attendees: Marie Turchiano (Committee Chair), Thomas St. John (RAW), Marlene Kasman (RAW), Thomas Lail (RAW), Erin Maurno (RAW), Christina DeAngelis (RAW), Divian Jain (ESports), Matthew Jacobs (Sport Clubs), Evan Gauer (Graduate Students), Alexander Yurkovich (IM Sports), Yurika Tomita (Aquatics)

I. Introductions: Marie welcomed everyone and introductions were made around the room and on Zoom.

II. Staff Updates (Tom)

- a) Introduced Christina, new Manager of Programs and Special Events. Christina will be planning the on and off campus trips and events for Friday and Saturday evenings in addition to being instrumental in the SOAP program.
- b) Manager of Intramurals and Club Sports position has been offered and accepted. New employee will be starting 1/5/22.

III Facility and Field Updates

- a) Pending Projects Update
 - 1. Facility AV system Ongoing project with Adwar to update our 10 year old system to today's standards which includes Bluetooth and is more user friendly.
 - 2. Field Complex Total cost is \$4.8 million. Looking into funding opportunities such as field rentals that will help pay back loan. Hope to move forward by summer 2023.
 - 3. Office renovation Replacing carpet outside offices which is 10 years old with laminate flooring. Project schedule for Winter Break 2022.

IV. New Equipment (Tom)

New Woodway – Popular treadmill

Currently evaluated all equipment and will be getting rid of equipment which is six years old and unused to replace with equipment students want such as an incline bench press.

Looking to replace silver INTEK dumbbells which were purchased in 2015/2016 with branded dumbbells. Also possibly replacing the bumper plates with branded plates with the SBU logo.

Pool table has been reupholstered.

Full Circle Padding (our padding representative) will be providing a quote with padding the wooden benches on the wood courts.

V. Outdoor Adventure Program (Erin)

- a) Six Flags Frightfest October 28, 2022 180 tickets sold out in 15 minutes Upcoming trips include:
 - b) Bowling and Paint Night November 12, 2022
 - c) Tanger Outlets November 26, 2022. Buses the students to Tanger to shop Thanksgiving weekend sales
 - d) Painting with a Twist Selden December 2nd

Christina discussed plans for upcoming trips in the spring such as indoor Rock Climbing.

Ideas for future trips are welcomed. EG suggested a bus to the SBU Club Hockey game at the Rinx.

VII. DOS Update/Explore Long Island and NYC

There was no one in attendance this month from SEA

VIII. Esports – (Thomas)

Marie, Rick Gatteau and Thomas Lail spent some time with the Esports team.

Currently planning for a viewing party on 11/30 of their competition.

SBU has nationally ranked players and is hoping to compete in regionals in Philadelphia.

Marie, Thomas and Tom met with the Admissions department and they are excited to work with the program.

IX. Recreation Updates

a) Facility and Pool Updates (Tom)

Three new lifeguards have been hired to fix openings in the schedule

b) Intramurals/Club Sports – (Thomas)

Basketball and volleyball are finishing up the season. Playoffs are the week after Thanksgiving. Number of teams is up from last year. Referees have been doing very well.

Busy weekend for club sports. This weekend Table Tennis is hosting a regional tournament, Rugby is in nationals in Massachusetts and Volleyball is hosting a tournament.

Working with SEA to have a club specific involvement fair.

c) Staff – (Marlene)

We have started planning for next semesters job fair and internal promoting to cover students graduating in December and May.

d) Fitness – (Erin)

New hear rate monitors and an interactive system has arrived and is being tested in the spin studio. Will be rolled out next semester.

Held a spin certification class and certified four new spin instructors Group fitness held a round robin of classes where students were able to test different styles of classes and instructors.

Last week of classes will be holding a Zumba and Yoga de-stress event

X. COMMENTS/QUESTIONS

There were no comments or Questions

Marie wished everyone happy holidays, invited to send any questions or concerns to her and wished all students good luck in their finals.

Next Meeting - February 10, 2023