Sorting Your Themes

The key to your clients' personal development is to fully understand how to apply their greatest talents and strengths in their everyday lives. This activity will help them start to think intentionally about how they can and do leverage their talents each day. It also helps them affirm the value of their unique talents.

To begin the activity, ask your client to imagine a desk with drawers on either side, a desk lamp on the corner and a trash can to the left. Have your client start at the top of their CliftonStrengths[®] results report and relate how they use each theme at work or to get things done. Is this a theme your client shines a light on or one that they file in a drawer to find quickly when needed? Is this a theme your client always keeps on top of the desk or one they discard in the trash can?

How do you use each of your top 10 CliftonStrengths themes? Record where you would place your talent themes on the desk diagram below. Start with your top 10 and bottom five CliftonStrengths themes.



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