

CURRICULUM VITAE

Camille B. Wortman, Ph.D.

Professional Affiliation:

Research Faculty
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Education:

Ph.D.	Psychology (1972) (with minor work at the Duke University School of Law)	Duke University
M.A.	Psychology (1970)	Duke University
B.A.	Psychology (1969) (graduated summa cum laude with distinction in psychology) Class Valedictorian	Duke University

Employment History:

1990-present	Professor of Psychology ¹ Stony Brook University, Stony Brook, NY
1983-1990	Professor of Psychology, University of Michigan; Program Director, Research Center for Group Dynamics, Institute for Social Research, University of Michigan, Ann Arbor, MI
1978-1983	Associate Professor of Psychology, University of Michigan, Ann Arbor, MI
1977	Associate Professor of Psychology Northwestern University, Evanston, IL

¹ Emeritus since 9/1/16

1972-1977 Assistant Professor of Psychology,
Northwestern University, Evanston, IL

Major Research Interests:

Grief and bereavement, with special emphasis on coping with the sudden, traumatic death of a loved one; long-term effects of experiencing a sudden traumatic loss; the role of social support in ameliorating the impact of grief and loss.

Honors and Awards:

2013 Teacher of the Year Award, Stony Brook University,
Stony Brook, NY

2003 Service Award, Trial Lawyers Care, for providing assistance to
survivors who lost loved ones in the Sept. 11 terrorist attack

2002-03 Teacher of the Year Award, Stony Brook University,
Stony Brook, NY

1995 Award Recipient, Women in Science Exhibit, Science
Directorate, American Psychological Association and National
Science Foundation, co-sponsors. Washington, D.C.

1978 Winner of the American Psychological Association's
Distinguished Scientific Award for an Early Career
Contribution in Psychology

1976 Distinguished Teacher Award
Northwestern University, Evanston, IL

1971-72 National Institute of Mental Health Predoctoral
Research Fellow

1969 Phi Beta Kappa

Selected Professional Activities:

Consultant on traumatic bereavement to media outlets including *The New York Times*, *The Wall Street Journal*, *The Washington Post*, National Public Radio (NPR), *USA Today*, The Public Broadcasting Service (PBS), *Scientific American*, and many others

Following the September 11, 2001 terrorist attacks, developed and offered workshops to therapists from three local universities (designed to prepare therapists for working with people who had lost a loved one in the attacks)

Coauthor of a position paper on the long-term effects of sudden traumatic loss prepared for Special Master Kenneth Feinberg, and used in determining financial compensation for those who lost a loved one in the terrorist attack

Developed material on traumatic loss and bereavement for several educational websites, including the American Psychological Association, the Society for Traumatic Stress Studies, and the Tragedy Assistance Program for Survivors

Assisted in developing a website on grief for PBS

Wrote blogs for the PBS website for bereaved individuals (e.g., “How to Get Through the Holidays”) and their family members and friends (e.g., “Offering Support for the Bereaved: What to Say and Do”)

Because her research focuses on the ramifications of traumatic loss, Dr. Wortman has been asked to serve as an expert witness in wrongful death cases. Over the past 30 years, she has been involved in cases against Boeing Aircraft, American Airlines, the Ford Motor Company, Jet Blue Airlines, Ryder Trucking Company, Honda Motor Company, Union Pacific Railroad, Continental Airlines, Enterprise Rent-A-Car, General Motors, Fox News, Consolidated Rail Corporation, Electrolux Home Products, United Parcel Service and Colgan Air, among others. Her role is to help the jury understand how people are affected by the sudden, traumatic death of a loved one.

Dr. Wortman is the president of a small nonprofit organization called Grief Matters, which she founded during the COVID-19 pandemic. At that time, few resources were available for those struggling with grief. Dr. Wortman and her staff reviewed hundreds of websites and identified a wealth of information for people who lost a loved one during the pandemic. She selected the best of these resources and combined them into a comprehensive, searchable guide. Recognizing that these resources could benefit anyone who is grieving, she broadened the guide to include many other types of loss. This guide, which can be accessed at www.whygriefmatters.org, has received acclaim from grief experts and has been featured in the New York Times and other influential media outlets. The resource guide is being transformed into an interactive website, which will greatly enhance the potential for bringing the material to those who would benefit from it.

Publications:

Wortman, C. B. (2022). Internet resources for the bereaved: Facebook’s Influence on the Grieving Process. In L. A. Burke & E. Rynearson (Eds.), *The restorative nature of ongoing connections with the deceased: Exploring presence with absence*. New York: Routledge.

- Wortman, C. B. (2022). Psychic mediums for the bereaved: Exploring their procedures and contemplating the use of their services. In L. A. Burke & E. Rynearson (Eds.), *The restorative nature of ongoing connections with the deceased: Exploring presence with absence*. New York: Routledge.
- Wortman, C. B. (2022). Doing what matters: A framework for academic success. In J. Bookwala & N. Newton (Eds.), *Reflections from pioneering women in psychology* (pp. 328-341). New York: Cambridge University Press.
- Wortman, C. B. (2021). September 11: 20 years later. *American Association of Retired Persons Newsletter*.
- Barlé, N., Wortman, C. B., & Latack, J. A. (2017). Traumatic bereavement: Basic research and clinical implications. *Journal of Psychotherapy Integration, 27*(2), 127-139.
- Wortman, C. B. (2016). Coping with death and dying. In J. C. Norcross, G. R. VandenBos, D. K. Freedheim, & N. Pole (Eds.), *APA handbooks in psychology. APA handbook of clinical psychology: Psychopathology and health* (p. 567–581). American Psychological Association.
- Boerner, K., Stroebe, M., Schut, H., & Wortman, C. B. (2016). Grief and bereavement: Theoretical perspectives. *Encyclopedia of Geropsychology*. DOI 10.1007/978-981-287-080-3-133-2
- Wortman, C. B. & Pearlman, L. (2016). Traumatic bereavement. In R. A. Neimeyer (Ed.), *Techniques of grief therapy: Assessment and intervention* (pp. 25-29). New York: Routledge/Taylor & Francis.
- Pearlman, L. A., Wortman, C. B., Feuer, C., Farber, C., & Rando, T. (2014). *Treating traumatic bereavement: A practitioner's guide*. New York: Guilford Press.
- Wortman, C. B., Pearlman, L., Feuer, C., Farber, C., & Rando, T. (2012). Traumatic bereavement. In C. Figley (Ed.), *Encyclopedia of trauma* (pp. 750-754). Thousand Oaks, CA: Sage Publications.
- Wortman, C. B., & Boerner, K. (2011). The myths of coping with loss: What the scientific evidence tells us. In H. Friedman (Ed.), *Oxford handbook of health psychology* (pp. 441-479). New York: Oxford University Press.
- Prigerson, H. G., Horowitz, M. J., Jacobs, S. C., Parkes, C. M., Asian, M., Goodkin, K., Raphael, B., Marwitt, S. J., Wortman, C., Neimeyer, R. A., Bonanno, G., Block, S. D., Kissane, D., Boelen, P., Maercker, A., Litz, B. T., Johnson, J. G., First, M. B., & Maciejewski, P. K. (2009). Prolonged grief disorder: Psychometric validation of criteria proposed for DSM-V and ICD-11, *PLoS Med, 6*(8), e100021.

- Bonanno, G. Boerner, K., & Wortman, C. B. (2008). Trajectories of grieving. In M. S. Stroebe, R. O. Hansson, W. Stroebe & H. Schut (Eds.), *Handbook of bereavement research and practice* (pp. 287-307). Washington, DC: American Psychological Association.
- Silver, R. C., & Wortman, C. B. (2007). The stage theory of grief. *JAMA*, 297(24), 2692.
- Wortman, C. B., & Boerner, K. (2007). Beyond the myths of coping with loss: Prevailing assumptions versus scientific evidence. In H.S. Friedman & R.C. Silver (Eds.), *Foundations of health psychology* (pp. 285-324). New York: Oxford University Press.
- Carnelley, K. B., Wortman, C. B., Bolger, N., & Burke, C. T. (2006). The time course of grief reactions to spousal loss: Evidence from a national probability sample. *Journal of Personality and Social Psychology*, 91, 476-492.
- Carr, D., Wortman, C. B., & Nesse, R. M. (2006). Understanding late life widowhood: New directions in research, theory, and practice. In D. Carr, R. Nesse, & C. B. Wortman (Eds.), *Spousal bereavement in late life* (pp. 3-18). New York: Springer.
- Nesse, R. M., Wortman, C. B., & House, J. S. (2006). Introduction: A history of the Changing Lives of Older Couples Study. In D. Carr, R. Nesse, & C. B. Wortman (Eds.), *Spousal bereavement in late life* (pp. xxi-xxx). New York: Springer.
- Carr, D., Wortman, C. B., & Wolff, K., (2006). How older Americans die today: Implications for surviving spouses. In D. Carr, R. Nesse, & C. B. Wortman (Eds.), *Spousal bereavement in late life* (pp. 49-80). New York: Springer.
- Wolff, K., & Wortman, C. B. (2006). Psychological consequences of spousal loss among older adults: Understanding the diversity of responses. In D. Carr, R. Nesse, & C. B. Wortman (Eds.), *Spousal bereavement in late life* (pp. 81-116). New York: Springer.
- Carr, D., Nesse, R., & Wortman, C. B. (2006). *Spousal bereavement in late life*. New York: Springer.
- Boerner, K., Wortman, C. B., Bonanno, G. (2005). Resilient or at risk? A four-year study of older adults who initially showed high or low distress following conjugal loss. *Journals of Gerontology: Series B: Psychological Sciences & Social Sciences*, 60B (2), P67-P73.
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- Wortman, C. B. (2004). Post-traumatic growth: Progress and problems. *Psychological Inquiry*, 15, 81-90.

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- Bonanno, G. A., Wortman, C. B., & Nesse, R. M. (2004). Prospective patterns of resilience and maladjustment during widowhood. *Psychology and Aging, 19*, 260-271.
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Selected Presentations:

- Wortman, C. B. (2020, May). *Grief in the Age of the Coronavirus*. Invited presentation, Health & Welfare Council of Long Island, Huntington Station, NY.

- Wortman, C. B. (2019, May). *Internet Resources for the Bereaved*. Invited presentation, Training Conference on Restorative Connection with the Deceased, Seattle, WA.
- Wortman, C. B. (2019, May). *Maintaining a Connection with the Deceased: Impact on the Grieving Process*. Invited presentation, training conference on Restorative Connection with the Deceased, Seattle, WA.
- Wortman, C. B. (2018, October). *Death of a Child: Implications for Parents*. Invited presentation, The National Academy of Sciences Planning Meeting: Assessing the Impact of Child Death and Needs of Bereaved Families, Washington, D.C.
- Wortman, C. B. (2009, March). *Revisiting the Myths of Coping with Loss: Lessons from the CLOC Study*. Invited presentation, Health Psychology Program, University of California at Los Angeles, CA.
- Wortman, C. B. (2004, September). *Responding to the Death of a Spouse: Cultural Understanding vs. Scientific Evidence*. Invited colloquium, National Institutes of Health, Rockland, MD.
- Wortman, C. B. (2004, April). *Variability in responses to the death of a spouse: Cultural understanding versus scientific evidence*. Invited colloquium, Mt. Sinai School of Medicine, New York, NY.
- Wortman, C. B. (2003, September). *The Emotional Impact of the Death of a Spouse: Cultural Understanding vs. Scientific Evidence*. Invited address presented at the 17th Annual European Conference in Health Psychology, Kos, Greece.
- Wortman, C. B. (2002, June). *Myths of coping with loss: Enhancing our understanding of "absent" and "chronic" grief*. Invited address, Conference on Grief and Bereavement across the Life Course, University of Michigan, Ann Arbor, MI.
- Wortman, C. B. (2001, December). *Treatment program for sudden, traumatic loss*. Invited address, International Society for Traumatic Stress Studies annual convention, New Orleans, LA.
- Wortman, C. B. (2000, November). *Myths of Coping with Loss: Cultural Understanding vs. Scientific Evidence*. Keynote address presented at the University of Utrecht, The Netherlands.
- Wortman, C. B. (2000, May). *Gender differences in reaction to a major stressor: The case of conjugal bereavement*. Invited address presented at the international conference entitled, Increase in Coronary Heart Disease in Central and Eastern Europe: Stress- and Gender Related Factors, sponsored by N.A.T.O., the National Institute of Mental Health, and the Wellcome Trust, Budapest, Hungary.
- Wortman, C. B., Pearlman, L. A., Rando, T., Resick, P., & Feuer, C. (2000, January). *Development of an outreach treatment program for survivors of the sudden,*

- traumatic death of a family member.* Traumatic Grief Network meeting, Western Pennsylvania Institute and Clinic, Pittsburgh, PA.
- Wortman, C. B. (1998, November). *Advocacy for survivors of sudden traumatic loss.* Invited participant, Workshop on forensic issues surrounding trauma, International Society for Traumatic Stress Studies, Washington, D.C.
- Wortman, C. B. (1997, November). *Psychological Trauma.* Invited workshop presented at the International Society for Traumatic Stress Studies, Montreal, Quebec, Canada.
- Wortman, C. B. (1997, August). *Myths of coping with loss: Implications for intervention.* Invited address, American Psychological Association, Office of Behavioral & Social Sciences Research, NIH, Chicago, IL.
- Wortman, C. B. (1997, January). Invited participant, Traumatic Grief Workshop, University of Pittsburgh Medical Center (The purpose of this workshop was to develop criteria for the concept of traumatic grief for inclusion into the next DSM). Pittsburgh, PA.
- Wortman, C. B. (1994, June). *Coping with the loss of a family member.* Invited address presented at the International Conference, *Stress and Communities*, sponsored by N.A.T.O, Chateau De Bonas, France.
- Wortman, C. B. (1992, January). *Teaching about life's traumas.* Fourteenth Annual Conference, National Institute on the Teaching of Psychology, St. Petersburg Beach, FL.
- Wortman, C. B. (1991, June). *Myths of coping with loss: Data from the National Widowhood Study.* Invited symposium presentation, American Psychological Society, Washington, D.C.
- Wortman, C. B. (1990, Fall). *New directions in stress and coping research.* Invited speaker, APA sponsored conference on Hostility, coping, and health. Arrowhead, CA.
- Wortman, C. B. (1990, Fall). *Bereavement and immunity.* Invited address to MacArthur Health Network, Yale University, New Haven, CT.
- Wortman, C. B. (1989, Fall). *Myths about coping with traumatic loss.* Keynote speech, Traumatic Stress Studies Society, San Francisco, CA.
- Wortman, C. B. (1988, October). *Coping with role overload.* Invited address, Women, Work and Health, an International Symposium, Wenner-Gren Foundation and the MacArthur Foundation, Stockholm, Sweden.
- Wortman, C. B. (1988, June). *Effective mastery of bereavement and widowhood:*

Longitudinal research. Invited address presented at the conference, Longitudinal Research and the Study of Optimal Aging, Tegernsee, Federal Republic of Germany.

Wortman, C. B., & Silver, R. C. (1988, April). *Myths of coping with loss.* Paper presented at the Midwestern Psychological Association Convention, Chicago, IL.

Wortman, C. B., & Silver, R. C. (1987, August). *Understanding varied reactions to the same life event.* In C. A. Dunkel-Schetter & G. Marshall (Co-Chairs), *Current findings and issues in the study of coping.* Symposium conducted at the annual meeting of the American Psychological Association, New York, NY.

Wortman, C. B., Umberson, D., Ellard, J. H., & Kessler, R. C. (1987, February). *The impact of widowhood: A retrospective look.* Paper presented at the annual meeting of the American Association for the Advancement of Science, Chicago, IL.

Wortman, C. B. (1986, August). *Coping with irrevocable loss.* Invited address, Master Lecture Series, presented at the annual meeting of the American Psychological Association, Washington, D.C.

Wortman, C. B. (1985, August). *Coping with irrevocable loss: Toward a theory of transformation.* Invited address, Division 8, presented at the annual meeting of the American Psychological Association, Los Angeles, CA.