



# STONY BROOK UNIVERSITY

## **OLLI at Stony Brook University**

### **Summer 2024 Workshop Catalog**

*Registration Period: 4/1/2024 - 5/1/2024*

*Summer Semester: 6/3/2024 - 7/26/2024*

OLLI offers workshops that are designed for retired and semi-retired individuals who are interested in expanding their intellectual horizons in a university setting. OLLI workshops cover every possible genre you can imagine and are led by current OLLI members who volunteer their time.

All information provided in this document is subject to change.

The most up to date information can be found on the registration website.



**Locations:**

*On campus:*

- **SBS:** Social and Behavioral Sciences Building
- **Wang Center**
- **SAC:** Student Activities Center
- **Student Union**
- **Bauman Center**
- **Building 17**

Campus Map can be found at [this website](#).

*Off campus:*

**PJVC:** Port Jefferson Village Center

Workshop Formats:



**Hybrid:** These workshops will be held in person and on Zoom simultaneously, with the workshop leader conducting the workshop from the Stony Brook campus. At the time of registration, members will have the option of registering for either the in person section or Zoom section of the workshop.



**In Person:** Members will come to the Stony Brook campus or select off campus locations to attend these workshops.



**Zoom:** Members will attend these workshops virtually on Zoom.

Abbreviations:

D/T: Day/Time



## **Yoga 101**

Led by: Denise Teague

Yoga 101 welcomes all, including those who are new or have little experience with yoga. We will focus on the basics of yoga at a pace that is not overwhelming and in an environment that is safe, welcoming, and non-judgmental. Students....\*

D/T: **Tuesday 10:15 - 11:30 AM**

Location: **Zoom**

Sessions: **8**



## **All About Your Drinking Water**

Led by: Stephen Jones

Enough drinking water to go around? We'll look at the whole planet and then drill down to exactly where we live, to learn about the origins and many issues surrounding our water supply.

D/T: **Wednesday 01:45 - 03:00 PM**

Location: **SBS N119**

Sessions: **7**



## **7 Chakra Blossoming Workshop**

Led by: Nithya Samarpini

Join the 7 Chakra Blossoming Workshop and embark on a transformative journey towards inner growth and self-awareness. Through group meditation sessions, explore the profound impact of meditation, accessible to everyone, regardless of age, culture, or ....\*

D/T: **Wednesday 12:00 - 01:30 PM**

Location: **TBD**

Sessions: **7**



## **Movement Through Dance**

Led by: Gracie Panousis

Movement through Dance is a gentle way to keep your body active. We will use mostly music from the 60's and 70's as our backdrop, but not disregard more current genres. Additionally, we will explore various styles of dance, from the cha cha to line dancing and even hiphop. You're guaranteed to leave the class smiling!

D/T: **Thursday 10:15 - 11:30 AM**

Location: **TBD**

Sessions: **6**

**\*READ MORE:** [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



## **A Journey Into the Great Divide of Consciousness**

Led by: Anthony A.  
Esposito

The Great Divide, the Explanatory Gap, The Hard Problem of Consciousness. Familiar terms used to describe the "gap" between the subjective and objective world of our experience. While mid-twentieth-century split-brain research identified separate....\*

**D/T: Tuesday 12:00 - 01:15 PM**

Location: **SBS S104**

Sessions: **8**



## A Slow Read of a Big Book

Led by: Joseph Perlman & Ada Graham

"Do the 'big' novels sit on your bookshelf unread? You know--the books with the big spines that shout to you that they are NOT 'quick reads.'

This summer, tackle the approximately 600 pages of *Angle of Repose*, which most critics...\*

D/T: **Tuesday 01:45 - 03:00 PM**

Location: **SBS S102**  
Sessions: **8**



## The Mystery Novel as Literature

Led by: Tasha Greenberg & Diane Fischer

Using PowerPoint presentations, movies, and TV productions, we will continue our examination of this appealing branch of literature with several works, including police procedurals, detective stories, crime thrillers, forensics, and true crime. We will include popular authors...\*

D/T: **Wednesday 10:15 - 11:30 AM**

Location: **Zoom**  
Sessions: **3**



## **Roman Propaganda Through Epigraphy**

Led by: Thomas Hayes

This workshop will examine writing found on marble slabs or whitewashed walls, which give us some insight into the approach to advertising, commemorating, or aggrandizing the lives and feats of Romans. Latin will be presented, but all examples will be translated...\*

D/T: **Wednesday 10:15 - 11:30 AM**

Location: **Zoom**

Sessions: **7**



**THE SUPREMES  
GREATEST HITS (The  
Court, NOT the  
Group!)**

Led by: Tony Parlatore

We will discuss cases heard and decided by SCOTUS, with a historical background of prior decisions on point. The current Court term will be ending during the running of this workshop and the decisions will be announced, so expect to participate in some lively discussions! We...\*

**D/T: Thursday 10:15 - 11:30 AM**

Location: **Union Auditorium**

Sessions: **7**

**\*READ MORE:** [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



## **Duplicate Bridge**

Led by: Arnie Fox &  
Sherry Shore

Casual Cards and Games - Open Play is open to individuals who have taken this workshop before and newcomers alike. This session will feature one or more games per class from past sessions of this workshop. Participants, both experienced and new, will play the games. Less....\*

D/T: **Tuesday 01:00 - 04:00 PM**

Location: **TBD**  
Sessions: **8**



## **Casual Cards and Games - Summer Fun**

Led by: Scott McMullen  
& Mary McMullen

We will continue to enhance our bridge skills in a duplicate environment. Participants should have knowledge of conventions and techniques from previous semesters. Contact either workshop leader if you are unsure whether this workshop is appropriate for you....\*

D/T: **Thursday 12:00 - 01:15 PM**

Location: **SBS N119**  
Sessions: **4**