

# OFF-TO-COLLEGE CHECKLIST

## SLEEP

(Below Items Are Required)

- twin XL sheets
- twin XL comforter
- mattress pad (must be cotton, polyester, or a blend of each)
- pillows
- pillowcases
- alarm clock

## HYGIENE

(Below Items Are Required)

- toothbrush
- toothpaste
- shampoo
- conditioner
- soap
- hair comb & brush
- toiletries
- cosmetics

## STUDY

(Below Items are required)

- flash drive
- notebooks
- folders
- pens and pencils
- planner
- ~~textbooks~~ \*\*Fall Only
- stapler
- scissors
- calculator
- push pins
- backpack

## CLEAN

(Below Items are recommended-laundry detergent is required)

- trash bags
- air freshener
- disinfecting wipes
- paper towels
- sponge
- vacuum cleaner
- laundry detergent

## PLAY \*\*Fall Only

- laptop and charger
- headphones
- phone charger
- ~~TV\*\*~~
- speakers
- ~~gaming console\*\*~~

## EAT

(Below Items are recommended but not required)

- refrigerator (less than 5 cubic feet)
- kettle (auto shut-off)
- single brew keurig (auto shut-off)
- tea and coffee
- instant ramen
- snacks
- reusable bottle
- mug
- bowl
- utensils

## DO NOT BRING

- Extension cords
- Electrical appliances (microwaves, toasters, rice cookers, crock pots, etc.)
- Weight benches
- Foam mattress toppers
- Objects hanging from ceiling
- Non-university issued furniture (chairs, mattresses, tables, desks, etc.)

**For more information, visit [stonybrook.edu/housing](http://stonybrook.edu/housing)**