



These prompts can help you shape your project vision!
Jot down all of your ideas, no matter how big or small!

Academic	Cultural	Professional	Personal
Embark on a research project	Visit museums, places of worship, landmarks and sites of historical importance	Find alumni doing what you'd love to do and arrange to meet them where they are to learn more	Build community around a social issue you are passionate about by volunteering
Attend academically related workshops/conferences	Explore and/or collaborate on art, music, writing, dance or language interests	Arrange a tour at a company you'd like to work at and do informational interviews with professionals at that company	Host meet-ups in different locations to connect with people with shared interests
Visit dream Universities for your advanced degrees	Spend a holiday in another country or state	Present at a conference	Explore holistic wellness retreats to reboot and reenergize
Connect with accomplished professors and experts in your field	Address a social issue you are passionate about in an unfamiliar community	Network at a national professional association event	Explore social norms in different communities to better understand our world
Find collaborators for academic projects	Explore your roots and visit your ancestral community	Learn about new developments in the field by visiting companies that implement them	Collaborate on a group project with your peers
Explore what other SUNY campuses have to offer and the communities they serve	Explore the impact globalization has on cultures.	Develop transferable skills by volunteering your talents to a community based project	Attend a personal growth or leadership seminar or retreat