

GRAND ROUNDS

Thursday, January 19, 2023

Location: Zoom (please [RSVP](#) for link)

4:30pm- 6:00pm

Finding the Whole in the Care of the Patient

Nadya Dimitrov, DPM, PA-C, DFAAPA

An altruistic calling and compassionate listening are qualities that have long been considered part of the healthcare professional's credentials. Compassionate listening has deep roots in the spiritual realm, the realm of meaning. Healthcare professionals often turn to other specialists to navigate this realm. However there is an inherent resilience at the core of our engagement as healers. How do we capture the essence of trust in the relationship with the patient? In a time when the broken parts of the healthcare system are glaringly evident, what constitutes the whole care of the patient?

We will look at the ways in which the therapeutic relationship between patient and healthcare professional exemplifies the 'palliative response'. Incorporation of its core concepts of spirituality into the toolkit of healthcare delivery can enhance both parties in the relationship and enhance patient outcomes.

Please RSVP [here](#) or to bioethics@stonybrookmedicine.edu



Nadya Dimitrov, DPM, PA-C, is Clinical Associate Professor in the Physician Assistant/Associate program of the School of Health Professions at Stony Brook University (SBU) and Assistant Director of the PA Post-Professional Masters program (PPMP). She is a Stony Brook alumna and has over 40 years of clinical experience as a dual-licensed PA and Doctor of Podiatric Medicine. As a member of the NYS Society of Physician Assistants, Dr. Dimitrov serves as the PA representative on the NYS MOLST Team. She is also a member of the SBU Medical Center Institutional Ethics Committee. In addition, she is Affiliate Faculty at CSU San Marcos Institute for Palliative Care and course architect of the Physician Assistant & APP Certificate in Palliative and Serious Illness Care.

Her research and publications have been in both clinical orthopedic and educational arenas, and she has presented at multiple educational and clinical conferences. Her current scholarship is focused on palliative and serious illness patient management training, telehealth/telemedicine and interprofessional education. She is co-editor of the recently published textbook by Oxford University Press entitled "Palliative and Serious Illness Patient Management for Physician Assistants".